

My name is Sara Scopsi; I am a western medicinal herbalist with a degree from the University of East London. BSc(hons) Herbal Medicine. I have lived on the island of Kythira for the last 25 years. I own a herbal apothecary in Mylopotamos named Elixrysos, where I make my own remedies such as therapeutic creams and tinctures. We are committed to using organic, ethically sourced herbs, local beeswax and bee products, local organic olive oil and other natural ingredients.